



# Dr. Denise Asafu-Adjei

MEN'S HEALTH EXPERT • UROLOGIST • RESEARCHER • HEALTH POLICY ADVOCATE

Dr. Denise Asafu-Adjei is a trailblazing, dynamic award-winning urologist and researcher. A proud 1st generation Ghanaian-American, hailing from Bronx, NY, she graduated from the world-renowned Bronx High School of Science. She went on to attend the esteemed Carnegie Mellon University, earning a Bachelor of Science and Minor in Healthcare Policy and Management. During her college years, she solidified her dedication to medicine, scientific research, and developed a strong interest in health policy and broader health system issues. She obtained her M.D. from the University of Michigan Medical School (Go Blue!).

During medical school, she took a year off to obtain a Master's in Public Health from the prominent Harvard School of Public Health, with a focus on Healthcare Management. Urology proved to be the perfect intersection for her passion for surgery, general love for engaging with people, and a unique ability to connect with others on sensitive issues. She completed her Urology residency at the distinguished Columbia University Irving Medical Center, becoming the first Black woman to complete this residency in 2020. She joined the ranks of the 2% of Black urologists in the United States. Dr. Denise completed a competitive Fellowship in Andrology at the University of California Los Angeles (UCLA), becoming an expert in male infertility and sexual dysfunction.

She is currently an Assistant Professor of Urology at Loyola University Chicago-Stritch School of Medicine, where she serves as the Medical Director of Male Reproductive Medicine. She also holds a dual appointment at the Parkinson School of Health Sciences and Public Health.

Dr. Denise strives to utilize her clinical research to help healthcare systems achieve equitable access for patients and high-quality healthcare for male reproductive and sexual dysfunction services. She is also passionate about mentorship and continues to actively mentor medical students and residents. Finally, she seeks to ultimately create and expand urological exchange programs and partnerships in her family's homeland Ghana and other African countries.

Dr. Denise is an active member of various professional organizations and a proud member of Alpha Kappa Alpha Sorority, Inc. She serves on the Alumni Board of Carnegie Mellon University and is on the Medical Advisory Board for ForHims ©.

She enjoys leisure international travel, golf, musicals, political history, and cooking. She also loves spending time with family and friends.



# Speaker Topics

## 1 Sexual Dysfunction

Fellowship-trained Urologist with special expertise in the medical and surgical management of all male sexual dysfunction. Primary subject areas include erectile dysfunction, ejaculatory dysfunctions (e.g. premature ejaculation), Peyronie's disease, genital pain, and low testosterone. Also well versed in female sexual dysfunction.

## 2 Male Infertility

Fellowship-trained Urologist with special expertise in the medical and surgical management of male infertility. Well versed in the causes and treatments for male infertility, as well as the health policy and ethical considerations involved in managing male infertility and overall family planning.

## 3 Access and Equity in Men's Health

Urologist and established, funded Clinical Researcher with an interest in access to care for Men's Health and health equity for healthcare in general. Men, in general, don't seek out healthcare as often as women and urologists often serve as the bridge between men and the healthcare system. Versed in general age-specific Men's Health issues with particular research and speaking interests include access to care for erectile dysfunction and disparities in male infertility care for minority men.



# Industry Topics

Men's Health • Men's Health Research • Health Policy • Male Infertility  
Access To Men's Health • Sexual Dysfunction • Urology

# Featured Spotlights



# Publications

Milhouse, F., **Asafu-Adjei, D.**, Esdaille, A. Microaggressions in Medicine. American Urological Association News. April 2021.

**Asafu-Adjei D.**, Small A., Pak J., McWilliams G., Galea G., Chung D. The intravesical injection of highly purified botulinum toxin [Incobotulinumtoxin A (Xeomin®)]. Canadian Urological Association Journal. September 2020.

**Asafu-Adjei D.**, Judge C., Deibert C., Li G., Stember D., Stahl P. Systematic Review of the Impact of Varicocele grade on Response to Surgical Management. Journal of Urology. January 2020.

**Asafu-Adjei, D.**, Gittens P. Diabetes and Infertility. Chapter in "Male Infertility: Contemporary Clinical Approaches, Andrology, ART, and Antioxidants, 2nd Edition. 2020.

**Asafu-Adjei D.**, Jenkins L. Ethical Dilemmas of Male Infertility. Chapter in "Male Infertility: Contemporary Clinical Approaches, Andrology, ART, and Antioxidants, 2nd Edition. 2020.

**Asafu-Adjei D.**, Mikkilineni N., Sebesta E., Hyams E. Misinformation on the Internet regarding ablative therapies for prostate cancer. Urology. 2019.

Patel N, Golan R., Halpern JA, Sun T., **Asafu-Adjei AD**, Chughtai B., Stahl P., Sedrakyan A., Kashanian JA. A Contemporary Analysis of Dual Inflatable Penile Prosthesis and Artificial Urinary Sphincter Outcomes. Journal of Urology. 201(1): 141-146. January 2019.

**Asafu-Adjei D.**, Sebesta E., Chung D. Retropubic Midurethral Sling: The Bottom Up Approach. American Urological Association's Core Curriculum Teaching Video. 2018.

**Asafu-Adjei D.**, Sebesta E., Chung D. Autologous Pubovaginal Sling. American Urological Association's Core Curriculum Teaching Video. 2018.

McKiernan J. and **Asafu-Adjei D.** Perspective: Bridging the gender gap. Nature. Volume 551: S39. November 2017.



## Current Position

Assistant Professor, Department of Urology  
Director, Male Reproductive Medicine  
Equity Advocate  
Institute for Racial Justice Liaison  
**Loyola University Chicago Stritch School of Medicine**

Assistant Professor, Public Health Sciences  
**Parkinson School of Health Sciences  
and Public Health**

## Certifications

American Board of Urology, Board Eligible



## Education

**University of California-Los Angeles**  
Los Angeles, CA  
Andrology Fellowship  
Department of Urology  
July 2020-June 2021

**Columbia University Medical Center/  
New York-Presbyterian Hospital**  
New York, NY  
Urology Residency  
June 2014-June 2020

**University of Michigan Medical School**  
Ann Arbor, MI  
M.D., Research and Service Honors  
May 2014

**Harvard University-School of Public Health**  
Boston, MA  
MPH- Health Care Management and Policy  
May 2013

**Carnegie Mellon University**  
Pittsburgh, PA  
B.S. Biological Sciences (College Honors),  
minor in Healthcare Policy and Management  
May 2008

**The Bronx High School of Science**  
Bronx, NY  
High School Diploma  
June 2004

## Grants

**Sponsor:** American Urological Association  
Research Scholar Award

**Project Title:** Disparities in Access to Care for  
Male Erectile Dysfunction Services  
**Sponsorship Duration:** 2020-2021

**Sponsor:** Society of Academic Urologists  
**Project Title:** Urologists as Policy Leaders: An  
E-Curriculum in the Fundamentals of Health Policy  
**Sponsorship Duration:** 2018-2020

# Professional Memberships

Loyola University Chicago (January 2022-present)

Loyola Stritch School of Medicine representative  
(December 2021-present)

Society for Male Reproduction and Urology  
(September 2021-present)

Society for the Study of Male Reproduction  
(September 2021-present)

American Society for Reproductive Medicine:  
Member (September 2021-present), Diversity, Equity,  
and Inclusion Task Force (October 2021-present)

Sexual Medicine Society of North America: Member  
(January 2020-present), Young Clinicians Committee  
(January 2021-present), Diversity, Equity, and  
Inclusion Committee (May 2021-present)

New York Academy of Medicine  
(November 2019-present)

Society of Urologic Prosthetic Surgeons  
(October 2017-present)

Society of Women in Urology: Resident Board  
Member (May 2018-May 2020), Member (February  
2016-present)

Susan Smith McKinney Steward Society: Resident  
Liaison (September 2018-June 2020), Member (June  
2017-June 2020)

National Medical Association: Vice President of  
Membership for the Postgraduate Section (May  
2018-July 2019), Social Media Chair for Manhattan  
chapter and Region 1 (May 2018-June 2020), Member  
(June 2014-present)

American Urological Association member: Member  
(April 2014-present), Legislative Affairs Committee  
(June 2021-present)

Alpha Kappa Alpha Sorority, Inc.



## Board Experience

Endo Pharmaceutical Men's Health  
Advisory Board (January 2022-present)

Urology Times Editorial Advisory Board  
(October 2021-present)

Carnegie Mellon University Alumni Board  
(September 2021-present)

ForHims Medical Advisory Board  
(September 2021-present)

Society of Women in Urology Board  
(May 2018-May 2020)